

MVP ELITE 7on7 RULES

1. **FIELD LENGTH:** 50 total yards (40 yards with a 10 yard end zone).
2. **STARTING EACH GAME:**
 - A. Coin flip will determine possession of the ball starting on the 40 yard line with a choice of hash mark. Coin toss winner will be considered home team.
 - B. A horn or whistle will begin each game.
 - C. Each pool play game will last 25 minutes, running time. Each playoff game will last 25 minutes, running time. Championship game will be 30 minutes
 - D. There are no time outs. In case of injury, the clock will stop at the discretion of the referee, stoppage of play requires the player to leave field for at least single play.
 - E. A horn or whistle will end each game.
3. **MOVING THE BALL:**
 - A. Offense always starts on +40 yard line with a choice of hash mark after any change of possession. Offenses can ask officials to place the ball on either hash or in between after every play.
 - B. Offense has three downs to gain a first down. First down markers will be at the +25 and +10 yard lines.
 - C. Once inside the +10 yard line, the offense has three downs to score a touchdown.
 - D. For the conversion after a touchdown, the offense can choose to go for 1 or 2 points. A 1 point conversion is from the +5 yard line, and a 2 point conversion is from the +10 yard line. The offense may have a choice of hash mark for ball placement.
 - E. The offensive team may run the ball on any down. Runs that are allowed are: Dives, Draw, Jet Sweep, Stretch, and Toss. There are no toss passes or reverses allowed. QB is not eligible to run with the football beyond the line of scrimmage.
 - F. Defensive players cannot cross the line on a run play until the quarterback hands the ball off to the running back.
 - G. Offense can use any formation to move the ball with 1 quarterback and 5 eligible receivers. Offensive players cannot be lined up within 3 yards of the snap counter (tackle box) on the line of scrimmage. 7th player may only be a center to snap the ball.
4. **COACHING YOUR TEAM:**
 - A. There will be one offensive coach allowed on the field at any time.
 - B. The coach must be positioned behind the offensive huddle.
 - C. Coaches are not allowed to challenge any official ruling.
 - D. Remaining team coaches can work from the sideline.
 - E. No defensive coaches are allowed on the field.
5. **SPECIAL RULES:**
 - A. No blocking.
 - B. Blocking will result in the ball being returned to the spot of the foul.
 - C. Ball carrier is legally down when touched below the neck with one hand. A defender cannot leave his feet to make a tag. Runner will still be able to run if defender's feet are off the ground.
 - D. Fumbles (including snap) are dead balls at the spot with the last team in control retaining possession at the spot.
 - E. Each team will have 30 seconds to put the ball into play.

- F. The offensive team is responsible for retrieving and returning the ball to the official. The clock does not stop and any delay by the offense in retrieving and returning the ball to the official will result in a delay of game and a loss of down.
- G. Defensive pass interference or defensive holding will result in an automatic 1st down and the ball will advance to the next 1st down field marker. If defensive pass interference or holding is committed within the 10 yard line, the ball will advance to the 5 yard line with an automatic 1st down.
- H. Offensive pass interference will result in a return to the previous spot plus a loss of down.
- I. Quarterback is allowed 4 seconds to throw the ball. Game official will stop the play if 4 seconds is surpassed.
- J. An interception is a change of possession with the intercepting team gaining possession at the +40 yard line. The result of an interception is also 6 points for the defense only if the player who intercepts the ball returns it back to the 40 yard line untouched by an offensive player. The intercepting team that scores 6 points on the return will also retain possession of the ball at the +40 yard line. Interceptions in the end zone are not allowed to be returned for 6 points, as it will only result in a touchback with the intercepting team gaining possession at the +40 yard line.
- K. Offensive player cannot dive to advance the ball.

6. FINAL MINUTE

- A. If the losing team is at the +10 yard line or closer within the final minute of the game and is within 8 points of the winning team, the game will continue beyond the game clock.
- B. The losing team can have as many as 3 untimed downs to score a touchdown. The game will end if a touchdown is not scored.
- C. An untimed extra point will be attempted only if it affects the outcome of the game.

7. OVERTIME

- A. If the game is tied after regulation time, will play extra periods until a winner is declared. There will be a coin toss at the conclusion of the regulation with the home team calling the toss. The winner will choose to be on offense or defense.
- B. Each team will have possession with two snaps from the +10 yard line with choice of hash mark. Teams must score a touchdown to win. After touchdown, scoring team has the option of a 1 point or 2 point conversion. Note: regulation game scoring rules still apply (i.e conversions and interceptions returned to 40 yard line).
- C. Defensive penalties will result in half the distance to the goal and an extra down. Offensive penalties result in a loss of down.
- D. If the score remains tied, a second overtime will commence with the team that lost the initial coin toss making the choice to play offense or defense. If the score remains tied after 2 overtimes, the away team will call the coin toss to start the third overtime.

8. POINT VALUES

- A. Offensive touchdown = 6 points
- B. Extra point from +5 yard line = 1 point
- C. Extra point from the +10 yard line = 2 points
- D. Tiebreaker victory = 1 point
- D. Defensive pass interception returned untouched to the 40-yard line = 6 points

9. CHAMPIONSHIP GAME

- A. Championship game is a 30-minute game

10. CODE OF CONDUCT

- A. Players, coaches, spectators and parents are to conduct themselves in a manner that demonstrates good sportsmanship and respect to other players, coaches, officials and spectators. Passing Down reserves the absolute right to eject any player, coach, spectator and parent from the tournament for failure to abide by its code of conduct. Any team that is found to have competed with current high school 12th grade players or older will be automatically disqualified without refund from the tournament. Organizations with multiple teams in a single event may not taxi players between teams. If teams are found to use 1 or more players on multiple teams, said teams involved will be disqualified without refund.